



TO: Race Participants
FROM: The Virginia 10-Miler Race Committee
DATE: November 8, 1974

Please excuse the delay in compiling and reporting the results of the first VIRGINIA 10-MILER. Enclosed you'll find a comprehensive summary of the race results.

On behalf of the Lynchburg Roadrunners and First Colony Life Insurance Company, our sponsors, we would like to thank everyone who participated in this year's race. The enthusiasm and competitive spirit our 225 entries displayed in this race made it a memorable and most enjoyable event for Central Virginia.

Being our first race, there was much to learn. The race committee met recently and reviewed our long and short points, considering many things that we could have done to have made this an even better race. We are especially interested in your comments regarding this year's race, and accompanying activities, and any suggestions for next year. Please forward them to VIRGINIA 10-MILER Race Committee, P. O. Box 1280, Lynchburg, Virginia 24505 or to the Lynchburg Roadrunners.

While it's still too early for the details, we are already beginning plans for the second 10-miler and suggest you might tentatively mark your calendar for September 20, 1975.

RESULTS OF THE VIRGINIA 10-MILER

LYNCHBURG ROADRUNNERS CLUB
LYNCHBURG, VIRGINIA
SEPTEMBER 21, 1974

<u>Place</u>	<u>Age</u>	<u>Name</u>	<u>10-Mile Time</u>	<u>5-Mile Time</u>	<u>Overall Place</u>
<u>WOMEN'S OPEN</u>					
1	14	\ HAFLEY, G.	67:45	32:51	87
2	39	\ KLOPFER, M.	69:08	33:53	93
3	15	\ GOLDSTEIN, A.	75:39	35:46	127
4	18	\ SNAGGS, D.	75:42	37:44	128
5	16	\ WALLACE, S.	83:39	41:01	159
6	14	\ CARLEN, S.	86:09	41:25	165
7	09	\ GRAHAM, S.	94:39	46:45	172
<u>AGE UNDER 18</u>					
1	17	\ ZIKESH, J.	60:35	29:11	45
2	16	\ THOMAS, G.	62:18	29:37	58
3	17	\ COOK, J.	63:35	30:40	66
4	15	\ WOLF, J.	67:45	32:48	86
5	16	\ MAMOLA, P.	73:05	34:58	118
<u>AGE 18 - 22</u>					
1	--	\ LOTT, J.	52:52	26:48	5
2	--	\ TULOU, C.	53:01	26:27	6
3	--	\ COOK, T.	53:04	26:25	7
4	--	\ CLARK, R.	53:16	26:36	8
5	--	\ SCHULTZ, G.	53:20	26:27	9
6	--	\ NOBLES, S.	54:04	26:38	12
7	--	\ GREENPLATE, J.	54:45	26:48	15
8	21	\ DRECHSEL, D.	55:59	27:46	18
9	20	\ LILLY, K.	56:18	27:07	20
10	--	\ WRIGHT, P.	56:37	27:10	22
11	--	\ MCGUIRE, T.	57:35	28:20	25
12	21	\ BALDINO, M.	57:45	27:34	26
13	--	\ PHILLIPS, J.	57:49	28:11	27
14	--	\ CROPP, K.	57:50	27:56	28
15	--	\ MAHONE, W.	59:15	29:03	34
16	--	\ FLETCHER, W.	59:16	29:06	35
17	19	\ HURLEY, D.	59:21	28:51	36
18	22	\ HEPPARD, J.	59:28	29:12	37
19	19	\ CARWILE, A.	59:36	29:01	38
20	18	\ WILLIAMS, R.	59:57	28:44	41
21	20	\ VEAZEY, G.	60:03	28:47	42
22	20	\ LAROCCO, J.	60:59	29:31	49
23	19	\ GOLDSBERRY, H.	61:21	28:42	52
24	18	\ BRADY, K.	61:22	29:32	53
25	--	\ RINKER, D.	61:23	30:18	54
26	20	\ ROBERTS, D.	62:37	29:42	59
27	22	\ MCCARTHY, T.	63:45	30:55	68

<u>Place</u>	<u>Age</u>	<u>Name</u>	<u>10-Mile Time</u>	<u>5-Mile Time</u>	<u>Overall Place</u>
28	20	*MASTALER, F.	63:46	30:00	69
29	19	*RANDAZZO, J.-	63:49	30:21	70
30	20	*HOWARD, W.	64:43	30:50	75
31	21	*EVERNGAM, J.	64:53	31:17	76
32	22	*SUFIT, C.	66:41	32:49	82
33	18	*COLEMAN, D.	67:03	31:40	84
34	19	*REECE, W.	68:28	34:28	90
35	21	*BEINKE, D.	69:44	32:39	96
36	21	*STOKES, S.	70:17	34:25	101
37	18	*TATOM, A.	71:19	33:58	107
38	21	*ETHINGTON, D.	71:41	33:46	110
39	19	*WOOLEY, D.	72:20	33:13	114
40	19	*ROMERO, R.	73:28	34:53	120
41	18	*DRIGGERS, A.	74:40	35:02	123
42	18	*MCCARTER, R.	76:02	34:27	130
43	18	*VOSE, D.	78:15	35:19	143
44	20	*LEE, L.	79:55	35:03	148
45	19	*DUKATE, M.	80:46	36:29	150
46	22	*LANGE, R.	80:54	34:42	151
47	21	*ROBERTSON, J.	81:31	36:16	155
48	21	*ROBERTSON, C.	85:07	37:51	161
49	20	*OKUNEYE, O.	88:42	43:46	167
50	19	*WILLIAMS, C.	118:57	47:57	181

AGE 23 - 29

1	--	*VITALE, J.	49:13.8	24:09	1
2	--	*GALLOWAY, J.	51:01	25:19	3
3	28	*VAUGHN, W.	53:38	26:25	10
4	23	*WHITE, M.	54:01	27:03	11
5	24	*PODGAJNY, S.	54:10	26:48	13
6	--	*LIQUORI, M.	54:36	26:48	14
7	26	*JONES, N.	54:36	27:05	16
8	27	*HATFIELD, C.-	55:35	26:48	17
9	28	*OFLAHERTY, J.	56:29	27:54	21
10	28	*GALLAGHER, T.	56:48	27:04	23
11	26	*TALAWGMA, B.	56:53	27:42	24
12	26	*FLIFLET, A.	57:54	28:32	29
13	27	*DALLANGER, J.	58:43	28:21	32
14	24	*DAY, D.	58:44	29:12	33
15	24	*SHIFLETT, B.-	59:41	28:51	39
16	27	*SIM, P.-	60:26	29:12	43
17	23	*SWARTZENDRUBER, E.	60:32	29:38	44
18	25	*ESTES, R.	60:38	28:57	46
19	25	*ROMANO, J. JR.-	60:40	29:29	47
20	27	*HEITMAN, R.	61:17	29:12	51
21	27	*GERARDI, A.	61:45	29:51	56
22	24	*HOWELL, D.	61:58	29:55	57
23	26	*ROBERTSON, G.-?	62:54	30:54	61
24	26	*KYLE, D.-✓	63:11	30:50	62
25	23	*JEAN, C.	63:26	30:50	65
26	24	*GRAHAM, T.	64:39	31:35	74
27	27	*CLARK, J.?	65:35	31:59	77

Place	Age	Name	10-Mile Time	5-Mile Time	Overall Place
28	25	· MATHENY, D.	66:20	32:13	79
29	27	· WALLACE, B.	66:47	32:37	83
30	27	· SHOCHET, A.	68:58	33:14	92
31	29	· SULLIVAN, R.	69:59	33:49	99
32	23	JUDD, S. ✓	70:07	33:25	100
33	23	· WHITE, R.	71:41	35:19	109
34	28	· CORBIN, D.	72:13	35:07	113
35	24	VANLANDINGHAM, J. ✓	72:28	34:53	115
36	25	· SLINKMAN, J.	76:05	35:36	131
37	27	· HARTLEY, C.	76:14	35:37	132
38	24	· KINNEY, H.	76:20	36:03	134
39	29	· TURNER, J. -	81:20	41:31	154
40	24	· HARRIS, C. -	91:40	40:47	170
41	25	· PINKHAM, J.	91:56	39:21	171
42	24	· CAPPIELLO, F.	95:49	47:48	173
43	24	· BOYERS, E. -	96:04	44:41	174
44	24	· MATHIAS, J.	100:21	46:00	176

AGE 30 - 39

1	--	\ BACHELER, J.	50:51	25:14	2
2	--	\ BROWN, B.	51:54	25:13	4
3	31	\ KEIM, G.	56:08	27:08	19
4	39	\ HOSS, W.	57:58	28:30	30
5	32	\ NAUGLE, G.	58:42	28:53	31
6	31	\ JEROME, E.	59:56	28:59	40
7	34	\ GEORGE, C. -	62:53	30:27	60
8	35	\ ADAMS, G.	63:18	31:03	64
9	36	\ ROSS, C. -	63:41	29:48	67
10	36	\ MASTERSON, F.	63:54	31:03	72
11	30	\ NOEL, J.	64:28	30:56	73
12	32	\ VANDENBROOK, D.	66:11	31:25	78
13	37	\ STRAUB, R.	66:28	30:56	80
14	35	\ WALKER, D. -	67:35	32:21	85
15	30	\ MUNRO, G. -	68:23	32:40	89
16	34	\ BRALIS, S.	68:44	34:06	91
17	39	\ WOLF, J.	70:20	33:45	102
18	36	\ NAYLOR, P.	70:46	34:09	104
19	37	\ KRETSINGER, R.	70:52	33:47	105
20	31	\ BROWDER, R. -	71:55	34:40	111
21	36	DAVIES, G. ✓	72:08	35:33	112
22	31	· KENNEDY, S. -	72:38	34:46	116
23	34	· WALTON, J. -	74:31	35:51	121
24	32	MCPHATTER, F. ✓	74:32	35:04	122
25	31	· MURRAY, E. -	75:15	36:03	124
26	31	\ GRANT, M.	75:21	37:00	125
27	36	\ BACKMAN, B.	77:04	36:55	137
28	31	\ ELLWANGER, F.	80:36	36:42	149
29	37	FASTABEND, W. ✓	81:17	38:45	153
30	36	\ STEVENS, C.	82:35	38:15	156
31	32	\ HOLDREN, J.	82:51	39:07	157
32	35	· SEITZ, D. -	85:37	39:57	163
33	31	\ BRYAN, B.	86:01	39:39	164
34	39	\ WHISNANT, R.	87:03	38:14	166
35	35	\ HEALTY, J.	99:32	44:54	175
36	30	\ CLAY, G.	103:01	43:44	178
37	--	· GLASS, G. -	114:44	--:--	179
38	30	\ TIPTON, D.	114:54	46:45	180

<u>Place</u>	<u>Age</u>	<u>Name</u>	<u>10-Mile Time</u>	<u>5-Mile Time</u>	<u>Overall Place</u>
<u>AGE 40 - 49</u>					
1	42	\ DUHAIME, A.	61:11	29:12	50
2	48	\ RULIFFSON, F.	61:33	30:18	55
3	44	\ KLOPFER, P.	63:14	30:29	63
4	40	\ MONTGOMERY, J. ✓	63:50	31:02	71
5	44	\ SHEA, J.	66:34	32:14	81
6	42	\ HEIKS, R.	68:12	33:06	88
7	40	\ BOYD, C. ✓	69:15	34:07	94
8	47	\ HUNDLEY, L.	69:45	33:18	97
9	43	\ ECHOLS, C.	69:55	33:04	98
10	45	\ DRAPER, W. ✓	70:36	33:50	103
11	40	\ MCCLELLAND, E.	71:09	34:29	106
12	47	\ MAMOLA, P.	71:23	33:52	108
13	45	\ IZQUIERDO, R.	73:16	36:00	119
14	42	\ BAROCH, C. ✓	76:17	35:49	133
15	46	\ LAUCK, C.	76:32	35:18	135
16	47	\ HOPKINS, P. ✓	77:10	35:52	138
17	42	\ FERRISE, A.	77:15	36:35	140
18	44	\ MCCARTHY, T.	77:59	38:57	142
19	46	\ CAMPBELL, A.	79:11	37:56	146
20	44	\ RODES, D.	79:41	37:57	147
21	44	\ HAWLEY, R.	83:51	37:53	158
22	43	\ WEEKS, F.	83:43	36:05	160
23	42	\ BUCKINGHAM, L.	88:57	43:09	168

AGE 50 - 59

1	56	\ HORMAN, R.	60:46	29:33	48
2	53	\ DAVIS, A.	72:42	34:49	117
3	53	\ MARTIN, J.	75:24	35:18	126
4	51	\ STOUT, W.	76:40	36:23	136
5	52	\ WITTKOPF, W.	77:12	36:32	139
6	50	\ SMITH, B. ✓	77:28	35:36	141
7	50	\ BARRON, E.	78:17	36:01	144
8	52	\ BARNSIDE, B.	78:59	37:58	145
9	52	\ CUNNINGHAM, E.	85:11	40:01	162
10	55	\ SIMMONS, W.	101:09	46:11	177

AGE 60 AND ABOVE

1	60	\ MAJOR, G.	69:33	33:48	95
2	62	\ JENKINS, J.	76:02	36:42	129
3	67	\ ROOT, E.	81:10	38:53	152
4	64	\ MATHES, E.	91:07	43:16	169